

DAILY INTAKE VALUES

Nutrient	DV
Calories	2000
Fat	65g
Saturated and Trans Fat	20g
Cholesterol	300mg
Sodium	2400mg
Carbohydrate	300g
Fibre	25g
Protein	50g
Vitamin A	3000 IU
Vitamin C	90mg
Calcium	1300mg
Iron	18mg

**Note: Values are based on a 2000 calorie/day diet.
RE = retinal equivalents**